



[www.chameleonhc.com](http://www.chameleonhc.com)  
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## Chameleon MD GLP-1 Weight Loss Program Guide

*Featuring Tirzepatide (FDA-Approved) via Lilly Direct*

At **Chameleon MD**, we're proud to offer a safe, modern, and highly effective weight loss solution using **Tirzepatide**, an FDA-approved GLP-1 medication designed to support sustained and meaningful weight loss.

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### Step 1: Complete Your Qualification Form

Your journey begins with a simple, secure online questionnaire.

- Share your medical history, goals, and current health status
- Our licensed Nebraska-based practitioners carefully review your responses
- We ensure you are a safe and appropriate candidate for GLP-1 therapy

✓ If you qualify, we'll move forward with treatment

✗ If not, we'll provide guidance and alternative options when appropriate

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### Step 2: Practitioner Review & Approval

Once your form is submitted:

- A **licensed Chameleon MD provider** evaluates your responses
- We prioritize **safety, effectiveness, and individualized care**
- If approved, we initiate your GLP-1 treatment plan

You'll receive communication with **next steps and instructions**—no unnecessary appointments or delays.

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### Step 3: Lilly Direct Will Contact You to Set Up Your Account

To receive your medication, an account with:

- Lilly Direct Pharmacy

is required—but the good news is:



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👉 **You do NOT need to reach out to them yourself.**

- Lilly Direct will **proactively contact you** to get your account set up
- Most commonly, they will:
  - Send a **text message**
  - Or **call you directly**
- Their team will guide you through a quick and easy setup process

- ✓ This step is designed to be **smooth, guided, and hassle-free**
- ✓ Once complete, your prescription can be processed and shipped

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#### **Step 4: Prescription & Medication Delivery**

Once your account is set up:

- Your Chameleon MD provider sends your prescription to Lilly Direct
- You will receive:
  - **Tirzepatide 2.5 mg weekly dose (starter dose)**
  - Injection supplies (needles, syringes, etc.)
- Medication is shipped **directly to your home**

We prescribe **only FDA-approved Tirzepatide** sourced through trusted channels.

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#### **Step 5: Begin Your Weekly Treatment**

Your program starts with:

- **2.5 mg Tirzepatide injected once weekly**

This starter dose helps:

- Minimize side effects
- Allow your body to adjust gradually
- Set the foundation for long-term success

Our providers will guide any future dose adjustments based on your progress and tolerance.



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## Step 6: Ongoing Support & Follow-Ups

Your care doesn't stop after your prescription.

Chameleon MD will:

- Schedule **routine follow-ups**
- Monitor your:
  - Progress
  - Side effects
  - Overall satisfaction
- Adjust treatment as needed

All communication is simple and convenient—often through secure messaging.

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## Step 7: 3-Month Prescription Cycle & Renewal

Your GLP-1 prescription is active for:

- **3 months at a time**

At the end of each cycle:

- You'll complete a **program renewal**
- A provider will reassess your progress and goals
- Continued prescriptions will be issued if appropriate

👉 Your GLP-1 membership includes a **minimum 3-month commitment** and **auto-renews every 3 months**.

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## Step 8: Transparent, Fair, and Patient-Focused Care

We understand this is an investment in your health.

- If you ever feel unsure or dissatisfied, we'll **work with you fairly**
- We're happy to discuss **questions, concerns, or reimbursement considerations** at any time



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### **Medication Information & Resources**

For more information about Tirzepatide:

- Visit Eli Lilly
  - Or learn more through Lilly Direct Pharmacy
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### **Why Patients Choose Chameleon MD**

- Local Nebraska providers
- No waiting rooms or missed work
- Secure, simple communication
- FDA-approved medication only
- A streamlined, guided experience