

## How to Get Started With ChameleonMD

Visiting ChameleonMD for the first time is designed to be quick, simple, and secure.

If you're feeling sick and would like care, you have two convenient **Plan Type** options:

- **Choose a one-time care plan**, or
- **Enroll in a membership plan**, which provides **unlimited access** to our licensed medical providers.

### Step 1: Choose Your Plan Type

Select the plan that best fits your needs—either a one-time care option or a membership plan. Both provide direct access to experienced ChameleonMD clinicians.

### Step 2: Complete a Quick Intake

All patient information is securely managed through **HINT Health**, a **HIPAA-compliant electronic medical record system**. The sign-up and intake process is fast and streamlined, ensuring your personal and medical information remains protected.

### Step 3: Request an Appointment

Once your information is submitted, you'll have the option to schedule an appointment right away. In many cases, our providers are alerted immediately and begin reviewing your symptoms and medical history.

### Step 4: Provider Review & Treatment

Most of the time, our licensed providers are able to begin working on your case right away—often sooner than the scheduled appointment time. In many situations, treatment can be safely and effectively provided **without additional messaging or live telehealth communication**, helping you feel better faster.

### Our Commitment to Quality Care

Just because the process is fast doesn't mean it isn't thorough. **Every visit is carefully evaluated by an experienced, licensed ChameleonMD practitioner**. Each case receives individualized medical review to ensure safe, appropriate, and high-quality care—every time.

At ChameleonMD, our goal is to make accessing healthcare as easy and efficient as possible, without ever compromising the standard of care you deserve.